

21st

Welsh Open International Canoe Polo Tournament



Cwm Hedd Lakes, Croesheolydd Farm,
Newport, Wales, NP10 8RW
6th & 7th August 2016

WELCOME

2nd August 2016

Welcome to the 21st Welsh International Canoe Polo Tournament, which will take place on the 6th and 7th August 2016.

This year the event sees us move on to an exciting new venue, Cwm Hedd Lakes, Croesheolydd Farm, Newport.

The following programme should give you all the information and details you need for the competition, but should you have any further queries please do not hesitate to contact myself or Howie.

On behalf of Dragon Canoe Club I look forward to welcoming your team to Newport and we will do our best to ensure your visit to Wales and the area is as enjoyable as possible.

John Morris
Dragon Canoe Club
Event Organiser
Tel 07971 166280

Hywel Whitaker
Dragon Canoe Club
Event Co-ordinator
Tel 07785 371706

CWM HEDD LAKES VENUE

We are privileged to be able to use the venue but would like to make all visitors aware of some rules and regulations on health and safety.

1. Access to the water is from the nearside only adjacent to the campsite.
2. Helmets and buoyancy aids must be worn before accessing the lake.
3. If you are refereeing from a pontoon you **MUST** wear a buoyancy aid.
4. The lakes are in a public venue. We ask that all players and spectators keep their language and conduct respectable at all times.
5. There will be a refreshment tent supplying hot and cold drinks and food during both days at reasonable prices but not in the evening.
6. There will be no bar available this year but there will be a large marquee available for you to meet in so please bring your own alcohol, beverages and snacks for the evenings.
7. The organisers accept no responsibility for any loss of equipment from the car park, campsite or competition area.
8. Dogs are permitted but must be kept on a lead. Please clear any mess from your pets and dispose of appropriately.
- 9 There is an area near the main building ideal for BBQ's should you wish to have one either night. Please clear and dispose after use! Alternatively there are a number of eating establishments withing a few minutes drive of the venue.
- 10 If you have asked for electric hook up please see either Howie or John upon arrival to make arrangements for its use.

11 All competitors must show their CE/CW membership cards. If you are not a member you will have to join for a nominal fee for the duration of the competition. Competition event forms will be available at control. These are essential to cover you for insurance.

12 All persons attending the event are responsible for disclosing to the organising committee prior to the event any medical conditions that may affect any treatment that they may require in the case of a medical emergency.

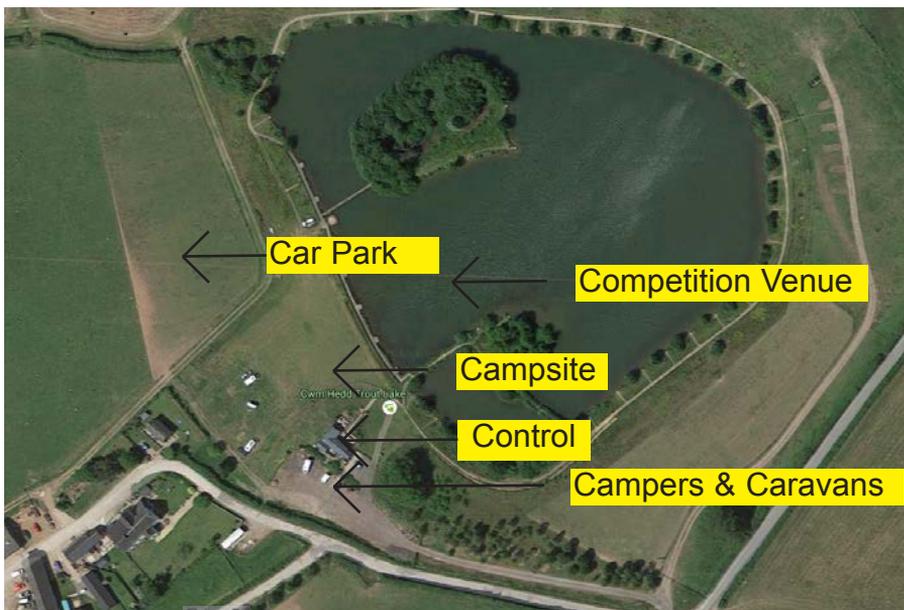
13 All persons attending the event and are under the age of 16 should have a designated adult who will be on site and responsible for them.

14 There will be a first aid kit available at control.

The main building adjacent to the campsite has 2 toilet facilities and a single shower. Control will also be based here. Please respect the owner's wishes and refrain from entering in wet canoeing kit.

Additional toilets & showers will be provided adjacent to the main building.

CAR PARKING AND CAMPING AT THE VENUE



Car parking is located in the field past the campsite. Drive through the top of the campsite field and on into the car parking field. Please do not park around the road adjacent to the campsite or the entrance to the farm as the road is in constant use.

HOTEL ACCOMMODATION

There are several hotels nearby:

Holiday Inn Express Newport
Lakeside Drive, Coedkernew, Newport NP10 8BB

Premier Inn Cardiff East
Castleton, Newport Road, Cardiff CF3 2UQ

The Rising Sun
1 Cefn Road, Rogerstone, Newport NP10 9AQ

Other options can be found on the Wales Tourist Information website.

PITCH SET UP



REFEREEING

You will be required to referee as a team in Div 1 , therefore 2 refs time/score keeper and shot clock operator. It is vital that we keep to time and teams arrive for their refereeing stints promptly. Failure to do so will delay the game play and could result in an inability to complete the day's games before having to clear the water.

Div 2 you will be expected to referee the game after you play 1 ref from each team with shred table duty.

Your team may be disqualified from the event should you fail to turn up on time!

High visibility vests will be provided with whistles and cards for the referees. Please ensure you wear them to enable players to recognise the referees standing on the bank. When finished refereeing, please leave whistles and vests for the next team and **hand the score sheets into control.**

Referees will not be subjected to any forms of abuse from players or spectators and are advised to use the card system accordingly.

We are in a public venue. Any swearing or foul language from players will result in a **yellow card.**

EVENT SCHEDULE

Saturday 6th August 2016

Team captains should report to control at the main building at 9.00am for a captain's meeting. First games will commence at 9.30am

If a representative does not attend we will have to assume the team has not arrived and alter the game plan accordingly.

Please note this years event has once again be kindly sponsored by Mikasa. Match balls will be allocated to each pitch and only official match balls will be permitted for use.

GAME PLAN

The game plan will be finalised shortly before the tournament, copies will be available at the campsite from Friday evening.

It is intended to use three pitches. Class one will run as an open Division and class two as a league.

Games will be 10 minutes each way, with a one minute interval. In class one teams will play each other on a pool basis with the top 2 teams qualifying for the play offs. Cross over matches will determine final positions. Class 2 will run as a league with all teams playing each other twice over the course of the weekend.

During the league games 3 points will be awarded for a win, 1 for a draw, and 0 points for games that are lost. Goal difference will be taken into account if necessary to determine final positions in each pool.

For those games which need a definite result, eg the Final, in the event of a draw at the end of normal time the following will apply:-

1. Sudden death extra time will be played up to a maximum of two periods of three minutes each. Teams will change sides after the first three minute period. The first team to score the "golden goal" in extra time will win the match.

2. If the score is still even after extra time, teams will take part in a sudden death penalty shoot-out with a goal keeper.

Sunday 7th August 2016

Games will commence at 9.00am

Prize giving will take place approximately 15 minutes after the last game has been completed.

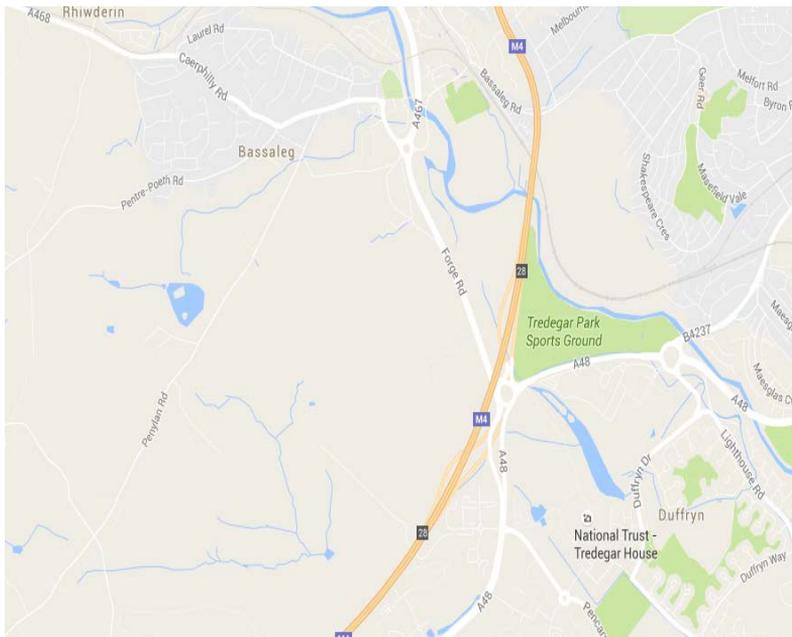
Please note. All paddlers must be off the water by 5.00pm, when the pitches must be dismantled asap.

Directions to the venue

Sat Nav users enter **NP10 8RW**

Exit the M4 at Junction 28 signposted to Newport, Risca & Brynmawr. Head north from the roundabout along a dual carriageway towards Risca along the A467. At the next roundabout take the 2nd exit onto the A468 towards Caerphilly. At the mini roundabout turn left again for Caerphilly. Take the second left signposted to Pen-y-lan & Cwm Hedd.

Follow the road for approximately 0.5 miles and the venue is on the right hand side down a hill. As you approach the venue turn right into the hard standing car park and drive through the campsite into the car parking field.



PRIZES

Prizes will be provided as follows –

Division 1 – 1st, 2nd, 3rd.

Division 2 – 1st, 2nd, 3rd.

TEAM LIST TO DATE

Div 1

- 1 Dragon Red
- 2 Dragon Black
- 3 Swansea
- 4 Bridgend Ravens
- 5 Meridian
- 6 Red Rose A
- 7 Blackwater
- 8 Meridian Black
- 9 Dev 1
- 10 Dev 2
- 11 Celtic Warriors
- 12 Cardiff

Div 2

- 1 Red Rose B
- 2 Dev 3
- 3 Pembroke
- 4 Dragon Babaes
- 5 The Special K's

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<http://www.cwmhedd.co.uk>

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